


ELEPHANT & CASTLE[®]

PUB AND RESTAURANT

pub classics

All of our Pub Classics are made from traditional British recipes.


 **Shepherd's Pie 9.5**
Seasoned ground beef, red skin garlic mashed potatoes and gravy. With balsamic-tossed greens.


E&C Ploughman's Platter 11.5
Aged cheddar and brie cheese with Branston pickle, olives, tomato, onion and crusty bread.
With honey ham, turkey or roast beef > add 2

Roast Beef Stuffed Yorkshire 11.5
Roast beef and caramelized onions stuffed in a Yorkshire pudding, topped with rich gravy. With mashed potatoes and vegetables.


 **E&C Fish 'n Chips Halibut 15 Cod 12.5**
Prepared in a light and crispy beer batter. With English chips, creamy coleslaw and tartar sauce.

Chicken Pot Pie 10.5
Chunks of chicken and vegetables in a creamy stew; baked with a pastry crust. With balsamic-tossed greens.

 **Bangers 'n Mash 10.5**
Broiled English sausages, red skin garlic mashed potatoes, baked beans, rich gravy and apple chutney.

 **Chicken OR Vegetable Curry 11.5**
A traditional Indian curry with marinated chicken breast OR fresh vegetables, served over jasmine rice with mango chutney.

salads

 **Thai Chicken Salad 11.5**
Grilled chicken with peanut sauce, crisp greens, water chestnuts, cashews, crisp noodles, cilantro and purple onions; tossed in vinaigrette.

Steak & Blue Cheese Salad 13.5
Tender sautéed steak, peppers and mushrooms, purple onions, crumbled blue cheese and cherry tomatoes on balsamic-tossed romaine leaves.

 **Chicken Caesar Salad 11.5**
Grilled chicken breast and crisp romaine lettuce tossed in creamy caesar dressing, croutons and aged parmesan cheese.


Turkey Cobb Salad 11.5
Turkey, avocado, bacon, blue cheese and tomatoes on spinach and romaine tossed with balsamic vinaigrette.

Salmon Caesar Salad 15
Blackened salmon fillet on crisp romaine lettuce tossed with creamy caesar dressing, croutons and aged parmesan cheese.

Balsamic-Tossed Greens side 5 large 9.5
Add side to any Main plate > 4

Side Caesar Salad 5.5
Add side to any Main plate > 4.5

starters

 **E&C Spinach Dip 9.5**
Spinach, artichoke and cream cheese dip slow baked with tortilla chips for dipping.


Bruschetta 6.5
Grilled flat bread, balsamic glaze, bruschetta tomatoes, parmesan and fresh basil.
Add grilled chicken > 2.5

Crispy Dry Ribs 9
Pork rib pieces deep fried, tossed in our own seasoning. Served with Guinness BBQ sauce.

 **Curry Chips 6.5**
English chips and a rich Indian curry sauce, a British pub favorite.

Calamari 10
Crispy fried with lemon aioli for dipping.

Pub Pretzels 6.5
Jumbo pretzels steaming hot with Bass Ale mustard sauce.

 **Quesadilla 9**
Flour tortilla stuffed with grilled chicken OR spicy beef, cheese, black beans, corn and peppers; with sour cream and salsa.
With guacamole > add 1.5

Chicken Fingers & English Chips 11.5
Breaded chicken breast fillets with dipping sauce and veggie sticks.
Chicken fingers & Caesar salad > add 2
With sweet potato fries & aioli > add 2.5

Chicken Wings 10.5
Deep fried and tossed in Buffalo hot sauce, blue cheese dip and veggie sticks.
With an extra pound > add 9.5

E&C Nachos 14.5
Tortilla chips with melted cheese, peppers, onions, tomatoes, olives and jalapenos, salsa, sour cream and guacamole. Topped with grilled chicken or spicy beef.

soup & lunch combos

 **Chipotle Chicken Flatbread & Salad 12.5**
BBQ chipotle chicken, roasted onions and havarti cheese.
With Caesar salad or Pub onion soup > add 2

Pub Onion Soup 6
Sweet onions simmered with English ale, beef broth and herbs; topped with a crostini, swiss and parmesan cheese.
Add to any Main plate > 5

Today's Soup 5
Please ask your server!
Add to any Main plate > 4

Today's Sandwich 11
Please ask your server!

Soup & Caesar Today's Soup 10.5 Pub Onion Soup 12
Meal-sized Caesar salad with grilled flat bread.

Please inform your server of any known food allergies.

Take-Out available for portable menu items > Ask for our To Go menu!

A gratuity of 15% will be added to parties of 8 guests or more.

Our Favourites



sandwiches & wraps

Choose one: English chips, balsamic-tossed greens or Today's soup.

Pub Onion soup or Caesar salad > **add 2**

Sweet potato fries & aioli > **add 2.5**

Loaded Beef Dip 11

Thinly sliced roast beef loaded with onions and jack cheese.
Au jus for dipping.

Grilled Cheese Sandwich 9.5

Cheddar cheese, grilled tomatoes, and cracked black pepper.
With honey ham > **add 2**

Chicken & Brie Focaccia 11

Grilled chicken and brie cheese with pesto mayo and sautéed mushrooms on focaccia.

E&C Club Sandwich 11

Loaded with roasted turkey, tomatoes, crisp bacon, lettuce and mayo on toasted multi-grain bread OR as a wrap in a tomato tortilla.
With cheddar cheese > **add 1**

Hot Turkey Sandwich 10.5

House-roasted turkey breast on toasted French bread with gravy and cranberry sauce.

New York Steak Sandwich 13.5

6 oz. New York steak grilled to your liking, served open face on a toasted baguette.
Load it up with jack cheese and caramelized onions > **add 2**

Sonoma Chicken Wrap 10.5

Grilled Chicken breast wrapped with havarti cheese, jalapeno peppers, salsa, black beans, guacamole and chipotle mayo.

Chicken Bruschetta Wrap 10.5

Grilled chicken breast wrapped in a tomato tortilla with lettuce, bruschetta tomatoes, pesto mayo and havarti cheese.

beef, chicken & fish on a bun

Choose one: English chips, balsamic-tossed greens or Today's soup.

Pub Onion soup or Caesar salad > **add 2**

Sweet potato fries & aioli > **add 2.5**

Union Jack Beef Burger 10

Basted with Guinness BBQ sauce, topped with crisp bacon and jack cheese.

Blue Cheese & Bacon Burger 10.5

Topped with melted blue cheese and crisp bacon.

Cheddar Burger 9.5

Charbroiled and topped with cheddar cheese.
With sautéed mushrooms > **add 1**

Union Jack Chicken 10.5

Chicken breast with Guinness BBQ sauce, crisp bacon, jack cheese and mayo.

Grilled Mahi Sandwich 10.5

Cajun spiced filet, pesto mayo and coleslaw.

Veggie Burger 10

A savory blend of vegetables, herbs and spices in a grilled patty, topped with Bruschetta tomatoes on focaccia with pesto mayo.



lunch entrees

Guinness Meatloaf 15

House-made meatloaf made with Guinness-braised vegetables, served with vegetables, red skin garlic mashed potatoes, BBQ sauce and sautéed mushrooms.

Grilled Salmon 17

Grilled, cider-glazed salmon fillet with sautéed spinach, bruschetta tomatoes and red skin garlic mashed potatoes.

Castle Stir-fry 11.5

Fresh crunchy vegetables and cashews stir-fried in a tangy sauce. Served over jasmine rice with crisp wontons.
With chicken breast > **add 2.5**

Jameson's Chicken 14.5

Grilled chicken breasts smothered in mushroom-whiskey cream sauce, with red skin garlic mashed potatoes and vegetables.

Chicken & Mushroom Penne 14.5

Chicken breast, cherry tomatoes, spinach and mushrooms sautéed and tossed with whiskey-cream sauce, parmesan cheese and penne pasta.

New York Strip Steak 23

10 oz. center cut New York Striploin with sautéed mushrooms, red skin garlic mashed potatoes and vegetables.

Steak & Chips 14.5

A British steak tradition. 6 oz. New York steak grilled to your liking. With English chips and baked beans.

adj. British Slang. Excellent. Exact. Right On.

Bang On!
... eat ... drink ... enjoy!