



ELEPHANT & CASTLE[®]

PUB AND RESTAURANT

starters



E&C Spinach Dip 9.5

Spinach, artichoke and cream cheese dip slow baked with tortilla chips for dipping.

Crispy Dry Ribs 9

Pork rib pieces deep fried, tossed in our own seasoning. Served with Guinness BBQ sauce.

Calamari 10

Crispy fried with lemon aioli for dipping.

Chicken Wings 10.5

Deep fried and tossed in Buffalo hot sauce, blue cheese dip and veggie sticks.

With an extra pound > add 9

E&C Nachos 14.5

Tortilla chips with melted cheese, peppers, onions, tomatoes, olives and jalapenos, salsa, sour cream and guacamole. Topped with grilled chicken or spicy beef.



Bruschetta 10

Grilled flat bread, balsamic glaze, bruschetta tomatoes, parmesan and fresh basil.

Add grilled chicken > 2.5

Quesadilla 9

Flour tortilla stuffed with grilled chicken OR spicy beef, cheese, black beans, corn and peppers; with sour cream and salsa.

With guacamole > add 1.5

Veggie Spring Rolls 10.5

Stuffed with Asian vegetables, crisp fries with sweet chili sauce.

Chicken Kebobs 11

Marinated chicken with peanut sauce and wonton crisps.

Potato Skins 10

Deep fried skins, melted cheese, bacon, green onions and sour cream.

Sharing Plates

Single plate > 6.5

Choose a selection of 3 > 16

AVAILABLE FROM 3 TO 5:30 PM & AFTER 8 PM.

Bruschetta

Grilled flat bread, bruschetta tomatoes, balsamic glaze, parmesan & fresh basil.

Veggie Spring Rolls

Stuffed with Asian vegetables, crisp fried with sweet chili sauce.

Chicken Kabobs

Marinated chicken with peanut sauce and wonton crisps.

Pot Stickers

Seasoned pork, vegetables & sweet chili sauce.

Mini Potato Fritters

Shredded potato, apple chutney & sour cream.

Fish Bites

Beer battered cod with tartar sauce.

Veggies & Pickles

Fresh veggies, olives and pickles with dip.

pub classics

All of our Pub Classics are made from traditional British recipes.



Shepherd's Pie 12.5

Seasoned ground beef, red skin garlic mashed potatoes and gravy. With balsamic-tossed greens and green beans.

E&C Ploughman's Platter 11.5

Aged cheddar and brie cheese with Branston pickle, olives, tomato, onion and crusty bread.

With honey ham, turkey or roast beef > add 2

Stuffed Yorkshire Pudding 12

Roast beef and caramelized onions stuffed in a Yorkshire pudding, topped with rich gravy. With mashed potatoes and vegetables.

E&C Fish 'n Chips Halibut 15 Cod 12.5

Prepared in a light and crispy beer batter. With English chips, creamy coleslaw and tartar sauce.

Chicken Pot Pie 12

Chunks of chicken and vegetables in a creamy stew; baked with a pastry crust. With red skin garlic mashed potatoes and green beans.



Steak, Ale & Kidney Pie 12.5

Hearty pieces of beef and kidneys simmered in English ale and mushrooms, topped with a flaky pastry crust. With red skin garlic mashed potatoes and green beans.



Bangers 'n Mash 11

Broiled English sausages, red skin garlic mashed potatoes, baked beans, rich gravy and apple chutney.

Chicken Curry 11.5

A traditional Indian curry with tender chicken served over jasmine rice with mango chutney.

Pub Onion Soup 6

Sweet onions simmered with English ale, beef broth and herbs; topped with a crostini, swiss and parmesan cheese.

Add to any Main plate > 5

Please inform your server of any known food allergies.

Take-Out available for portable menu items > Ask for our To Go menu!

An 15% gratuity will be added to parties of 8 or more.

Our Favourites



dinner entrees



Guinness Meatloaf 15

House-made meatloaf made with Guinness-braised vegetables, served with vegetables, red skin garlic mashed potatoes, BBQ sauce and sautéed mushrooms.

Pepper Steak Tips 16

Marinated steak tips sautéed with crushed pepper corn in a rich red wine gravy. Served with red skin garlic mashed potatoes and vegetables.

Grilled Salmon 17

Grilled, cider-glazed salmon fillet with sautéed spinach, bruschetta tomatoes and red skin garlic mashed potatoes.

Castle Stir-fry 11.5

A medley of fresh vegetables and cashews stir-fried in a tangy sauce. Served over jasmine rice with crisp wontons.

With chicken breast > **add 2.5**

Chicken & Mushroom Penne 14.5

Chicken breast, cherry tomatoes, spinach and mushrooms sautéed and tossed with whiskey-cream sauce, parmesan cheese and penne pasta.



New York Strip Steak 23

10 oz. center cut New York Striploin with sautéed mushrooms, red skin garlic mashed potatoes and vegetables.

Steak & Chips 14.5

A British steak tradition. 6 oz. New York steak grilled to your liking. With English chips and baked beans.



Jameson's Chicken 14.5

Grilled chicken breasts smothered in mushroom-whiskey cream sauce, with red skin garlic mashed potatoes and vegetables.



salads & sandwiches

Sandwiches choose one: English chips, balsamic-tossed greens or Today's soup.

Pub Onion soup or Caesar salad > **add 2**

Sweet potato fries & aioli > **add 2.5**



Thai Chicken Salad 11.5

Grilled chicken with peanut sauce, crisp greens, water chestnuts, cashews, crisp noodles, cilantro and purple onions; tossed in vinaigrette.



Steak & Blue Cheese Salad 13.5

Tender sautéed steak, peppers and mushrooms, purple onions, crumbled blue cheese and cherry tomatoes on balsamic-tossed romaine leaves.

Chicken Caesar Salad 11.5

Grilled chicken breast and crisp romaine lettuce tossed in creamy caesar dressing, croutons and aged parmesan cheese.



E&C Club Sandwich 10.5

Loaded with roasted turkey, tomatoes, crisp bacon, lettuce and mayo on toasted multi-grain bread.

With cheddar cheese > **add 1**

New York Steak Sandwich 13

6 oz. New York steak grilled to your liking, served open face on a toasted baguette.

Load it up with jack cheese and caramelized onions > **add 2**



Loaded Beef Dip 11

Thinly sliced roast beef loaded with onions and jack cheese. Au jus for dipping.

Side Balsamic-Tossed Greens 5

Add to any Main plate > **4**

Side Caesar Salad 5.5

Add to any Main plate > **4.5**

beef & chicken on a bun

Choose one: English chips, balsamic-tossed greens or Today's soup.

Pub Onion soup or Caesar salad > **add 2**

Sweet potato fries & aioli > **add 2.5**



Union Jack Beef Burger 10

Basted with Guinness BBQ sauce, topped with crisp bacon and jack cheese.



Blue Cheese & Bacon Burger 10.5

Topped with melted blue cheese and crisp bacon.

Cheddar Burger 9.5

Charbroiled and topped with cheddar cheese.

With sautéed mushrooms > **add 1**



Union Jack Chicken 10.5

Chicken breast with Guinness BBQ sauce, crisp bacon, jack cheese and mayo.

Grilled Mahi Sandwich 10.5

Cajun spiced filet, pesto mayo and coleslaw.

Veggie Burger 10

A savory blend of vegetables, herbs and spices in a grilled patty, topped with Bruschetta tomatoes on foccacia with pesto mayo.