


# ELEPHANT & CASTLE<sup>®</sup>

## PUB AND RESTAURANT

### pub classics

All of our Pub Classics are made from traditional British recipes.


 **Shepherd's Pie 10.5**  
Seasoned ground beef, red skin garlic mashed potatoes and gravy. With balsamic-tossed greens.


**E&C Ploughman's Platter 11.5**  
Aged cheddar and brie cheese with Branston pickle, olives, tomato, onion and crusty bread.  
*With honey ham, turkey or roast beef > add 2*

**Stuffed Yorkshire Pudding 12**  
Roast beef and caramelized onions stuffed in a Yorkshire pudding, topped with rich gravy. With mashed potatoes and vegetables.

**E&C Fish 'n Chips** *Halibut 15 Cod 12.5*  
Prepared in a light and crispy beer batter. With English chips, creamy coleslaw and tartar sauce.


**Chicken Pot Pie 10**  
Chunks of chicken and vegetables in a creamy stew; baked with a pastry crust. With balsamic-tossed greens.

 **Steak, Ale & Kidney Pie 10.5**  
Hearty pieces of beef and kidneys simmered in English ale and mushrooms, topped with a flaky pastry crust. With balsamic-tossed greens.

 **Bangers 'n Mash 11**  
Broiled English sausages, red skin garlic mashed potatoes, baked beans, rich gravy and apple chutney.

**Chicken Curry 11.5**  
A traditional Indian curry with tender chicken served over jasmine rice with mango chutney.

### salads

 **Thai Chicken Salad 11.5**  
Grilled chicken with peanut sauce, crisp greens, water chestnuts, cashews, crisp noodles, cilantro and purple onions; tossed in vinaigrette.

**Steak & Blue Cheese Salad 13.5**  
Tender sautéed steak, peppers and mushrooms, purple onions, crumbled blue cheese and cherry tomatoes on balsamic-tossed romaine leaves.

 **Chicken Caesar Salad 11.5**  
Grilled chicken breast and crisp romaine lettuce tossed in creamy caesar dressing, croutons and aged parmesan cheese.


**Turkey Cobb Salad 11.5**  
Turkey, avocado, bacon, blue cheese and tomatoes on spinach and romaine tossed with balsamic vinaigrette.

**Salmon Caesar Salad 15**  
Blackened salmon fillet on crisp romaine lettuce tossed with creamy caesar dressing, croutons and aged parmesan cheese.

**Balsamic-Tossed Greens** side 5 large 10  
*Add side to any Main plate > 4*

**Side Caesar Salad 5.5**  
*Add side to any Main plate > 4.5*


### starters

 **E&C Spinach Dip 9.5**  
Spinach, artichoke and cream cheese dip slow baked with tortilla chips for dipping.


**Bruschetta 6.5**  
Grilled flat bread, balsamic glaze, bruschetta tomatoes, parmesan and fresh basil.  
*Add grilled chicken > 2.5*

**Crispy Dry Ribs 9**  
Pork rib pieces deep fried, tossed in our own seasoning. Served with Guinness BBQ sauce.

**Calamari 10**  
Crispy fried with lemon aioli for dipping.

 **Pub Pretzels 6.5**  
Jumbo pretzels steaming hot with Bass Ale mustard sauce.


**Quesadilla 9**  
Flour tortilla stuffed with grilled chicken OR spicy beef, cheese, black beans, corn and peppers; with sour cream and salsa.  
*With guacamole > add 1.5*

 **Chicken Fingers & English Chips 11.5**  
Breaded chicken breast fillets with dipping sauce and veggie sticks.  
*Chicken fingers & Caesar salad > add 2*  
*With sweet potato fries & aioli > add 2.5*

**Chicken Wings 10.5**  
Deep fried and tossed in Buffalo hot sauce, blue cheese dip and veggie sticks.  
*With an extra pound > add 9*

**E&C Nachos 14.5**  
Tortilla chips with melted cheese, peppers, onions, tomatoes, olives and jalapenos, salsa, sour cream and guacamole. Topped with grilled chicken or spicy beef.

### soup & lunch combos

 **Pub Onion Soup 6**  
Sweet onions simmered with English ale, beef broth and herbs; topped with a crostini, swiss and parmesan cheese.  
*Add to any Main plate > 5.5*

**Today's Soup 4.5**  
Please ask your server!  
*Add to any Main plate > 3.5*

**Lasagna & Caesar 12**  
Baked lasagna layered with cheese and zesty meat sauce. Served with Caesar salad.

**Soup & Caesar** *Today's Soup 10.5 Pub Onion Soup 12*  
Meal-sized Caesar salad with grilled flat bread..

**Grilled Flatbread & Salad 12.5**  
BBQ chipotle chicken, roasted onions and havarti cheese OR Marinated tomatoes, grilled chicken & parmesan cheese  
*With Caesar salad or Pub onion soup > add 2*

Please inform your server of any known food allergies.

Take-Out available for portable menu items > Ask for our To Go menu!

A gratuity of 15% will be added to parties of 8 guests or more.

### Our Favourites



## sandwiches & wraps

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Choose one: English chips, balsamic-tossed greens or Today's soup.

Pub Onion soup or Caesar salad > **add 2**

Sweet potato fries & aioli > **add 2.5**

### **Loaded Beef Dip 11**

Thinly sliced roast beef loaded with onions and jack cheese. Au jus for dipping.

### **Grilled Cheese Sandwich 9.5**

Cheddar cheese, grilled tomatoes, and cracked black pepper. With honey ham > **add 2**

### **Chicken & Brie Focaccia 11**

Grilled chicken and brie cheese with pesto mayo and sautéed mushrooms on focaccia.

### **E&C Club Sandwich 10.5**

Loaded with roasted turkey, tomatoes, crisp bacon, lettuce and mayo on toasted multi-grain bread OR as a wrap in a tomato tortilla. With cheddar cheese > **add 1**

### **Hot Turkey Sandwich 10.5**

House-roasted turkey breast on toasted French bread with gravy and cranberry sauce.

### **New York Steak Sandwich 13**

6 oz. New York steak grilled to your liking, served open face on a toasted baguette.

Load it up with jack cheese and caramelized onions > **add 2**

### **Chicken Bruschetta Wrap 10**

Grilled chicken breast wrapped in a tomato tortilla with lettuce, bruschetta tomatoes, pesto mayo and harvarti cheese.

### **Sonoma Chicken Wrap 10.5**

Grilled Chicken breast wrapped with harvarti cheese, jalapeno peppers, salsa, black beans, guacamole and chipotle mayo.

## beef, chicken & fish on a bun

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Choose one: English chips, balsamic-tossed greens or Today's soup.

Pub Onion soup or Caesar salad > **add 2**

Sweet potato fries & aioli > **add 2.5**

### **Union Jack Beef Burger 10**

Basted with Guinness BBQ sauce, topped with crisp bacon and jack cheese.

### **Blue Cheese & Bacon Burger 10.5**

Topped with melted blue cheese and crisp bacon.

### **Cheddar Burger 9.5**

Charbroiled and topped with cheddar cheese. With sautéed mushrooms > **add 1**

### **Union Jack Chicken 10.5**

Chicken breast with Guinness BBQ sauce, crisp bacon, jack cheese and mayo.

### **Grilled Mahi Sandwich 10.5**

Cajun spiced filet, pesto mayo and coleslaw.

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### **Veggie Burger 10**

A savory blend of vegetables, herbs and spices in a grilled patty, topped with Bruschetta tomatoes on focaccia with pesto mayo.



## lunch entrees

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### **Guinness Meatloaf 15**

House-made meatloaf made with Guinness-braised vegetables, served with vegetables, red skin garlic mashed potatoes, BBQ sauce and sautéed mushrooms.

### **Grilled Salmon 17**

Grilled, cider-glazed salmon fillet with sautéed spinach, bruschetta tomatoes and red skin garlic mashed potatoes.

### **Castle Stir-fry 11.5**

A medley of fresh vegetables and cashews stir-fried in a tangy sauce. Served over jasmine rice with crisp wontons.

With chicken breast > **add 2.5**

### **Jameson's Chicken 14.5**

Grilled chicken breasts smothered in mushroom-whiskey cream sauce, with red skin garlic mashed potatoes and vegetables.

### **Chicken & Mushroom Penne 14.5**

Chicken breast, cherry tomatoes, spinach and mushrooms sautéed and tossed with whiskey-cream sauce, parmesan cheese and penne pasta.

### **New York Strip Steak 23**

10 oz. center cut New York Striploin with sautéed mushrooms, red skin garlic mashed potatoes and vegetables.

### **Steak & Chips 14.5**

A British steak tradition. 6 oz. New York steak grilled to your liking. With English chips and baked beans.

adj. British Slang. Excellent. Exact. Right On.

**Bang On!**  
... eat ... drink ... enjoy!