



ELEPHANT & CASTLE[®]

PUB AND RESTAURANT

pub classics

All of our Pub Classics are made from traditional British recipes.

-  **Shepherd's Pie 9.5**
Seasoned ground beef, red skin garlic mashed potatoes and gravy. With balsamic-tossed greens.
- E&C Ploughman's Platter 11.5**
Aged cheddar and brie cheese with Branston pickle, olives, tomato, onion and crusty bread.
With honey ham, turkey or roast beef > add 2
- Roast-Beef Stuffed Yorkshire 11.5**
Roast-beef and caramelized onions stuffed in a Yorkshire pudding, topped with rich gravy. With mashed potatoes and vegetables.
-  **E&C Fish 'n Chips Halibut 15 Cod 12.5**
Prepared in a light and crispy beer batter. With English chips, creamy coleslaw and tartar sauce.
- Chicken Pot Pie 10.5**
Chunks of chicken and vegetables in a creamy stew; baked with a pastry crust. With balsamic-tossed greens.
-  **Bangers 'n Mash 10.5**
Broiled English sausages, red skin garlic mashed potatoes, baked beans, rich gravy and apple chutney.
-  **Chicken OR Vegetable Curry 11.5**
A traditional Indian curry with marinated chicken breast OR fresh vegetables, served over jasmine rice with mango chutney.

salads

-  **Thai Chicken Salad 11.5**
Grilled chicken with peanut sauce, crisp greens, water chestnuts, cashews, crisp noodles, cilantro and purple onions; tossed in vinaigrette.
- Steak & Blue Cheese Salad 14**
Tender sautéed steak, peppers and mushrooms, purple onions, crumbled blue cheese and cherry tomatoes on balsamic-tossed romaine leaves.
-  **Chicken Caesar Salad 11.5**
Grilled chicken breast and crisp romaine lettuce tossed in creamy caesar dressing, croutons and aged parmesan cheese.
- Chopped Chicken Salad 11.5**
Diced grilled chicken with tomato, peppers, onion, shredded cheese and bacon tossed with honey mustard dressing and crisp greens.
- Salmon Caesar Salad 15**
Blackened salmon fillet on crisp romaine lettuce tossed with creamy caesar dressing, croutons and aged parmesan cheese.
- Balsamic-Tossed Greens side 5 large 9.5**
Add side to any Main plate > 4
- Side Caesar Salad 5.5**
Add side to any Main plate > 4.5

starters

-  **E&C Spinach Dip 9.5**
Spinach, artichoke and cream cheese dip slow baked with tortilla chips for dipping.
- Bruschetta 6.5**
Grilled flat bread, balsamic glaze, bruschetta tomatoes, parmesan and fresh basil.
Add grilled chicken > 2.5
- Crispy Dry Ribs 9**
Pork rib pieces deep fried, tossed in our own seasoning. Served with Guinness BBQ sauce.
-  **Curry Chips 6.5**
English chips and a rich Indian curry sauce, a British pub favorite.
- Calamari 10**
Crispy fried with lemon aioli for dipping.
- Pub Pretzels 6.5**
Jumbo pretzels steaming hot with Bass Ale mustard sauce.
-  **Quesadilla 9**
Flour tortilla stuffed with grilled chicken OR spicy beef, cheese, black beans, corn and peppers; with sour cream and salsa.
With guacamole > add 1.5
- Chicken Fingers & English Chips 11.5**
Chicken breast fillets with dipping sauce and veggie sticks.
Chicken fingers & Caesar salad > add 2
With sweet potato fries & aioli > add 2.5
- Chicken Wings 10.5**
Deep fried and tossed in Buffalo hot sauce, blue cheese dip and veggie sticks.
With an extra pound > add 9.5

E&C Nachos 14.5

Tortilla chips with melted cheese, peppers, onions, tomatoes, olives and jalapenos, salsa, sour cream and guacamole. Topped with grilled chicken or spicy beef.

soup & lunch combos

-  **Chipotle Chicken Flatbread & Salad 12.5**
BBQ chipotle chicken, roasted onions and havarti cheese.
With Caesar salad or Pub onion soup > add 2
- Pub Onion Soup 6**
Sweet onions simmered with English ale, beef broth and herbs; topped with a crostini, swiss and parmesan cheese.
Add to any Main plate > 5
- Today's Soup 5**
Please ask your server!
Add to any Main plate > 4
- Today's Sandwich 10.5**
Please ask your server!
- Soup & Caesar Today's Soup 9 Pub Onion Soup 11**
Meal-sized Caesar salad with grilled flat bread.

Please inform your server of any known food allergies.

Take-Out available for portable menu items > Ask for our To Go menu!

A gratuity of 15% will be added to parties of 8 guests or more.

Our Favourites



sandwiches & wraps

Choose one: English chips, balsamic-tossed greens or Today's soup.

Pub Onion soup or Caesar salad > **add 2**

Sweet potato fries & aioli > **add 2.5**

Loaded Beef Dip 11

Thinly sliced roast beef loaded with onions and jack cheese. Au jus for dipping.

E&C Club Sandwich 11

Loaded with roasted turkey, tomatoes, crisp bacon, lettuce and mayo on toasted multi-grain bread OR as a wrap in a tomato tortilla.

With cheddar cheese > **add 1**

Hot Turkey Sandwich 10.5

House-roasted turkey breast on toasted French bread with gravy and cranberry sauce.

New York Steak Sandwich 13.5

6 oz. New York steak grilled to your liking, served open face on a toasted baguette.

Load it up with jack cheese and caramelized onions > **add 2**

Sonoma Chicken Wrap 10.5

Grilled Chicken breast wrapped with havarti cheese, jalapeno peppers, salsa, black beans, guacamole and chipotle mayo.

Chicken Bruschetta Wrap 10.5

Grilled chicken breast wrapped in a tomato tortilla with lettuce, bruschetta tomatoes, pesto mayo and havarti cheese.

beef, chicken & fish on a bun

Choose one: English chips, balsamic-tossed greens or Today's soup.

Pub Onion soup or Caesar salad > **add 2**

Sweet potato fries & aioli > **add 2.5**

Union Jack Beef Burger 10

Basted with Guinness BBQ sauce, topped with crisp bacon and jack cheese.

Blue Cheese & Bacon Burger 10.5

Topped with melted blue cheese and crisp bacon.

Cheddar Burger 10

Charbroiled and topped with cheddar cheese.

With sautéed mushrooms > **add 1**

Union Jack Chicken 10.5

Chicken breast with Guinness BBQ sauce, crisp bacon, jack cheese and mayo.

Cod & Cheddar Burger 10

Beer battered cod, tartar sauce and coleslaw on a kaiser bun.

Veggie Burger 10.5

A savory blend of vegetables, herbs and spices in a grilled patty, topped with Bruschetta tomatoes on focaccia with pesto mayo.



lunch entrees

Guinness Meatloaf 15

House-made meatloaf made with Guinness-braised vegetables, served with vegetables, red skin garlic mashed potatoes, BBQ sauce and sautéed mushrooms.

Grilled Salmon 17

Grilled, cider-glazed salmon fillet with sautéed spinach, bruschetta tomatoes and red skin garlic mashed potatoes.

Castle Stir-fry 11.5

Fresh crunchy vegetables and cashews stir-fried in a tangy sauce. Served over jasmine rice with crisp wontons.

With chicken breast > **add 2.5**

Jameson's Chicken 14.5

Grilled chicken breasts smothered in mushroom-whiskey cream sauce, with red skin garlic mashed potatoes and vegetables.

Chicken & Mushroom Penne 14.5

Chicken breast, cherry tomatoes, spinach and mushrooms sautéed and tossed with whiskey-cream sauce, parmesan cheese and penne pasta.

New York Strip Steak 23

10 oz. center cut New York Striploin with sautéed mushrooms, red skin garlic mashed potatoes and vegetables.

Steak & Chips 14.5

A British steak tradition. 6 oz. New York steak grilled to your liking. With English chips and baked beans.

adj. British Slang. Excellent. Exact. Right On.

Bang On!
... eat ... drink ... enjoy!