



ELEPHANT & CASTLE[®]

PUB AND RESTAURANT

starters



Fresh Nova Scotia Mussels 8

Steamed with garlic butter & white wine
OR Roma tomatoes & Hoegaarden beer with grilled baguette.

E&C Spinach Dip 9

Spinach, artichoke and cream cheese dip slow baked with tortilla chips for dipping.

Crispy Dry Ribs 9

Pork rib pieces deep fried, tossed in our own seasoning. Served with Guinness BBQ sauce.



Calamari 10

Crispy fried with lemon aioli for dipping.

Chicken Wings 11

Deep fried and tossed in Buffalo hot sauce, blue cheese dip and veggie sticks.

With an extra pound > **add 9**

E&C Nachos 12

Tortilla chips with melted cheese, peppers, onions, tomatoes, olives and jalapenos, salsa, sour cream and guacamole.

With grilled chicken > **add 3**

Sharing Plates

Single plate > 6.5

Choose a selection of three > 17

Bruschetta

Grilled flat bread, bruschetta tomatoes, balsamic glaze, parmesan & fresh basil.

Veggie Spring Rolls

Stuffed with Asian vegetables, crisp fried with sweet chili sauce.

Haddock Bites

With tartar sauce.

Pot Stickers

Seasoned pork, vegetables & sweet chili sauce.

Veggies & Pickles

Fresh veggies, olives and pickles with dip.

Pub Pretzels

Jumbo pretzels steaming hot with Bass Ale mustard sauce.

Chicken Picks

Beer-battered chicken with dipping sauce.

Curry Chips

English chips and a rich Indian curry sauce, a British pub favorite.

Sweet Potato Fries

With tomato aioli or mayo.

pub classics

All of our Pub Classics are made from traditional British recipes.



Shepherd's Pie 12

Seasoned ground beef, red skin garlic mashed potatoes and gravy. With balsamic-tossed greens and green beans.

E&C Ploughman's Platter 11

Aged cheddar and brie cheese with Branston pickle, olives, tomato, onion and crusty bread.

With honey ham OR roast beef > **add 2**

Roast-Beef Stuffed Yorkshire 12.5

Roast-beef and caramelized onions stuffed in a Yorkshire pudding, topped with rich gravy. With mashed potatoes and vegetables.



E&C Haddock 'n Chips 2 pieces 12 3 pieces 15

Prepared in a light and crispy beer batter. With English chips, creamy coleslaw and tartar sauce.

Chicken Pot Pie 14

Chunks of chicken and vegetables in a creamy stew; baked with a pastry crust. With red skin garlic mashed potatoes and green beans.



Bangers 'n Mash 11

Broiled English sausages, red skin garlic mashed potatoes, baked beans, rich gravy and apple chutney.



Classic Curries Lamb 12 Chicken 11 Vegetable 10

A traditional Indian curry with served over jasmine rice with mango chutney and grilled flat bread - choose from tender lamb, grilled chicken OR fresh vegetables.

Pub Onion Soup 6

Sweet onions simmered with English ale, beef broth and herbs; topped with a crostini, swiss and parmesan cheese.

Add to any Main plate > 5

Nova Scotian Chowder 8

Traditional creamy seafood chowder.

Add to any Main plate > 7

Please inform your server of any known food allergies.

Take-Out available for portable menu items > Ask for our To Go menu!

An 15% gratuity will be added to parties of 8 or more.

Our Favourites



dinner entrees

Pan-seared Haddock Fillet 16

With sautéed spinach, balsamic marinated tomatoes and red skin garlic mashed potatoes.

Guinness Meatloaf 15

House-made meatloaf made with Guinness-braised vegetables, served with vegetables, red skin garlic mashed potatoes, BBQ sauce and sautéed mushrooms.

Castle Stir-fry 12

Crunchy fresh vegetables and cashews stir-fried in a tangy sauce. Served over jasmine rice.

With chicken breast and crisp won tons > add 2.5

Chicken & Mushroom Penne 14

Chicken breast, cherry tomatoes, spinach and mushrooms sautéed and tossed with whiskey-cream sauce, parmesan cheese and penne pasta.

New York Strip Steak 23

10 oz. center cut New York Striploin with sautéed mushrooms, red skin garlic mashed potatoes and vegetables.

Steak & Chips 14.5

A British steak tradition. 6 oz. New York steak grilled to your liking. With English chips and baked beans.

Jameson's Chicken 14.5

Grilled chicken breasts smothered in mushroom-whiskey cream sauce, with red skin garlic mashed potatoes and vegetables.



salads & sandwiches

Sandwiches served with your choice of English chips, Balsamic-tossed greens or Today's soup. With Caesar Salad, Pub Onion soup or Sweet Potato Fries > add 2.5

Thai Chicken Salad 12

Grilled chicken with peanut sauce, crisp greens, water chestnuts, cashews, crisp noodles, cilantro and purple onions; tossed in vinaigrette.

Steak & Blue Cheese Salad 14

Tender sautéed steak, peppers and mushrooms, purple onions, crumbled blue cheese and cherry tomatoes on balsamic-tossed romaine leaves.

Chicken Caesar Salad 12

Grilled chicken breast and crisp romaine lettuce tossed in creamy caesar dressing, croutons and aged parmesan cheese.

E&C Club Sandwich 11

Loaded with roasted turkey, tomatoes, crisp bacon, lettuce and mayo on toasted multi-grain bread.

With cheddar cheese > add 1

New York Steak Sandwich 12

6 oz. New York steak grilled to your liking, served open face on a toasted baguette.

Load it up with jack cheese and caramelized onions > add 2

Loaded Beef Dip 11

Thinly sliced roast beef loaded with onions and jack cheese. Au jus for dipping.

Side Balsamic-Tossed Greens 6

Add to any Main plate > 5

Side Caesar Salad 6.5

Add side to any Main plate > 5.5

beef, chicken & fish on a bun

With your choice of English chips, Balsamic-tossed greens or Today's soup. With Caesar Salad, Pub Onion soup or Sweet Potato Fries > add 2.5

Union Jack Beef Burger 10

Basted with Guinness BBQ sauce, topped with crisp bacon and jack cheese.

Blue Cheese & Bacon Burger 12

Topped with melted blue cheese and crisp bacon.

Cheddar Burger 11

Charbroiled and topped with cheddar cheese.

With sautéed mushrooms > add 1

Union Jack Chicken 11

Chicken breast with Guinness BBQ sauce, crisp bacon, jack cheese and mayo.

Haddock Burger 10

Lemon-breaded haddock fillet on a kaiser bun with tartar sauce and coleslaw.

Veggie Burger 10

A savory blend of vegetables, herbs and spices in a grilled patty, topped with Bruschetta tomatoes on foccacia with pesto mayo.